



RADNOR GIRLS CREW

Volume 1, Issue 3—August 18, 2019

President's Message to RGCC Athletes, Families and Coaches

I cannot believe we are so close to a new school year and our 2019-20 season. This is a jam-packed newsletter—new practice schedule, regatta dates, coaching update, and more—read closely!

August 22 is just a few days away—and that date is important for two reasons. First, it's the early bird registration deadline—pay for the full year of dues and receive a \$100 discount. Second, it's our annual Meet & Greet, which this year has an added bonus: Meet RGCC's new head coach, Travis Schilling! Returning and new athletes and parents are welcome.

**7-8:30pm @ The Getty Residence
207 Lansdowne Avenue, Wayne**

****This is an athlete-focused event; therefore, no alcohol will be served—although parents are welcome to go out afterward.****

If you are not out of town enjoying this last bit of summer, I hope to see you Thursday night!

A handwritten signature in grey ink, appearing to read 'Laura Getty'.

Laura Getty, President
rgccpresident@gmail.com

Registration Update

Registration Season Is Upon Us

We have had a few questions about the PIAA form. Please be sure to complete sections 1-6. Juniors can substitute a copy of their school physical form for PIAA Section 6. As a reminder, registration packets are **due to Amy Miller by August 29** (or August 22 to receive the early bird discount). Registration forms are [here](#).

From the Launch

A Message from Coach Travis Schilling

Athletes row. Everyone else plays games. Fall rowing is a time to get back together and challenge ourselves on the water. Blisters will turn into calluses as trees start to lose their leaves. Get ready for a lot of long rows. Head races will test our endurance as well as our steering. The coaching staff is ready to get started on another successful season. We look forward to the annual Meet & Greet and welcoming the freshman to rowing in the fall.

Coaching Staff Updates

We recently learned that Joe “Moach” McCarrie will be unable to coach for RGCC this fall due to a scheduling conflict with his law school classes. It is everyone’s intention for him to return in the spring, his schedule permitting. In the meantime, Will Leeser will assist with practices two (and possibly three) days per week. Have a great semester, Moach—see you in the spring!

Practices and Regattas

Fall Practice Schedule

We have adjusted our practice schedule due to the new RHS dismissal times (Monday, Tuesday and Friday @ 2:25; Wednesday @ 3:10; and Thursday @ 1:45). Proposed practice times are below. If anything changes, we will follow up with an email.

Saturday, September 7, is the first day of practice for returning rowers, and for novice rowers it is Saturday, September 14.

Monday, Tuesday, Friday @ 3-5pm

Wednesday: No practice

Thursday @ 2:30-4:30pm

Saturday @ 8-10am

Fall Regatta Schedule

Details forthcoming, but for now please mark your calendars!

- **September 29:** King's Head (Schuylkill River, Bridgeport PA)
- **October 12:** Navy Day (Schuylkill River, Philadelphia)
- **October 27:** Head of the Schuylkill (Philadelphia)
- **November 9:** Frostbite (Cooper River, Pennsauken NJ)
- **November 10:** Braxton (Cooper River, Pennsauken NJ)

Fundraising Update and Volunteer Opportunities

Wanted: Student Sponsorship Intern

We are looking for a RGCC athlete to help with our sponsorship drive. Learn how to organize small sponsorship initiative: write introductory and thank-you letters, build a target list, secure sponsors, and more. This is a great resume builder! The time commitment will be 12-16 total hours during late August to early October. If interested, email janevparadis@gmail.com.

Ergathon: September 15

Ergathon information was emailed on July 30 and can be found in the Handouts section of the RGCC website. Please continue to fundraise! As a reminder, it is essential that each athlete raise a minimum of \$250. Proceeds will be used to purchase a new launch. September 15 will be here before we know it.

Wanted: Parent to Organize Porchfest Tent (September 14)

To augment our Ergathon funds, RGCC will host a food tent at South Wayne PorchFest 2019, and we need a parent to help organize setup and breakdown, staffing, and food contributions. If interested, email Lisa Enderle at lenderle0@gmail.com.

In Search of Sponsors

RGCC is looking for local businesses to sponsor the team. Do you have a business? Does your neighbor? All leads are welcome! Please email Janie Paradis, who is heading up this effort, at janevparadis@gmail.com. For \$150, a sponsor will receive:

- Recognition on the banner we display at regattas
- Name/logo on our website, linking to the organization's website
- Shout-out on the RGCC social channels and newsletter
- Flyer acknowledging organization's support of our team
- Support from RGCC's families, friends, and fans!

Mark Your Calendars

- **August 22:** Meet & Greet @7-8:30pm (207 Lansdowne Ave.)
- **August 22:** Early bird registration deadline—last day to register with full year (fall and spring) dues paid in full in order to receive a \$100 discount.
- **August 29:** Standard registration deadline—last day to register with fall dues paid in full in order to be placed in a carpool
- **September 7:** First day of practice, returning rowers
- **September 10:** First parents meeting @7pm (RHS Black Box); future meeting dates: October 8, November 12, January 14, February 11, March 10, April 14, May 12
- **NEW September 13:** Parents fall social (invitation coming soon)
- **September 14:** First day of practice, novice rowers

- **September 14:** South Wayne PorchFest
- **September 15:** Ergathon, Radnor Fall Festival

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Annie Sniffen, Assistant Coach

Will Leeser, Assistant Coach

Joe McCarrie, Assistant Coach

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